

Young Israel Shomrai Emunah - Shabbos Shorts י"ט

March 22 - 23, 2019 - 16 Adar II 5779 - Parshas Tzav

Light Candles by 7:03 - Havdalah 8:03

The Shabbos Shorts is sponsored this week by
Joey Franco - Mortgage Banker - 301-529-5387.

Shabbos Schedule

Friday Night:

- Light Candles by 7:03
- Mincha:

Ashkenazi: 7:05

Sephardi: 7:00

Nusach Sefard: 7:00

Shabbos Day:

- Shacharis:

Ashkenazi: 7:00, 8:00, 8:45, 9:15 Youth: 9:15

Sephardi: 7:45

Nusach Sefard: 7:00

- Mincha:

Ashkenazi: 2:30, 5:00, 7:00

Sephardi: 6:45

Nusach Sefard: 7:00

- Shabbos Ends: 8:03

Divrei Torah:

- 8:00, 9:15 Rabbi Rosenbaum
- 8:45 Main Minyan Rabbi Silver

Kiddush Sponsors:

- **Hashkamah/Nusach Sefard** - Yekhiel and Miriam Weill on the Yahrzeit of Yekhiel's father, Rabbi Avigdor ben Eliezer Chanoch Z"L (Victor Weill, Z"L).
- **Sephardi Minyan** - "Sephardic Group"
- **8:45 Main Minyan** - Melanie & Sandy Karlin in commemoration of the second Yahrzeit of Sandy's father, Charles Karlin (Betzael Reuven ben Rephael Shlomo) and in honor of the birth of their grandson, Betzael Moshe, son of Sarah & Matthew Karlin.
- **9:15 Minyan** - anonymous in honor of all the people who make the 9:15 Minyan happen.

Shabbos Shiurim:

- **Rabbi Tuvia Grauman** - Rabbi Hyatt's Gemara Shiur, after Hashkamah Minyan, lower lobby
- **Rabbi Moshe Arzouan** - Shiur after Sephardi Shacharit.
- **Mrs. Yocheved Arzouan** - Shiur 9:00 AM, Rabbi's Study.
- **Rabbi Levy** - Shiur at 6:15 PM, Large Beis Medrash.
- **Rabbi Silver** - Shiur after Mincha

YISE Programs and Listings

Dispelling Myths Regarding Autism - Sunday, March 24, 10:30 AM - 12 Noon, in the YISE Small Social Hall. Recognize the signs and symptoms of ASD and how it is diagnosed. Learn how schools seek to maximize quality of life and independence of students. Hear from a parent about the experience of raising a child with autism. Hear from a successful professional who is open about his autism. Glean some Jewish insights on all disabilities. Organized by Bikur Cholim of Greater Washington, Sulam and YISE. Co-sponsored by KMS, SSJC, Ohr Hatorah, SEHC and Chabad of Silver Spring.

Shomrai Preschool Parent Teacher Organization invites the community to a lecture given by Rabbi Rosenbaum on Sunday, March 24, 8:00 PM in the Small Social Hall, "Perspectives on Raising a Jewish Child: Pitfalls and Challenges of Everyday Living". Open to the entire community. See flyer for details. If you have questions, contact Moshe Kaplan at moshekaplan@gmail.com See flyer for details.

Bikur Cholim of Greater Washington and the YISE Chesed Committee - Rabbi Koss will be speaking on a topic in Jewish History on Monday, April 1, from 2:00 PM - 3:00 PM at 1111 University Blvd. W. in the Penthouse. Light refreshments will be served. For more info, contact Miriam Friedman at 301-754-1517 or mfriedman2@yahoo.com

Mazal Tov

- **Harriet & Elliot Jacob** on the birth of a grandson, Moshe Meir, born to Loni & Hillel Goldman.

Condolences

- **Pearl Bassan** on the passing of her brother, Chaim Spring. The funeral took place in Israel. Pearl is observing Shiva at her home, 11611 Fulham St., through Tuesday morning. Visitors are requested between 9:00 AM and 9:00 PM.

Weekday Shiurim

- **Rabbi Rosenbaum's** Mussar Study Group for Women (spiritual self-improvement), Sundays at 9:30 AM, in the Small Beis Medrash.
- **Rabbi Rosenbaum's** Gemara Shiur for Men, Tuesdays and Fridays, 6:00 AM - 6:45 AM, in the room behind the Balcony.
- **Rabbi Rosenbaum's** Halacha Chabura for Men, Tuesday evenings at 8:00 PM, in the Small Beis Medrash. For more details, please contact HalachaChabura@yise.org
- **Rabbi Rosenbaum's** Nach Shiur, Wednesdays at 11:00 AM, in the Small Beis Medrash.
- **Rabbi Rosenbaum's** Chumash Shiur for Women, Wednesdays at 8:00 PM, in the room behind the balcony.
- **Rabbi Silver's** Parsha Shiur for men & women, a mix of Halacha and Aggada. Tuesdays at 7:30 PM. For more details, contact rbsilver@yise.org
- **GWCK Sunday Kollel Brunch and Learn for Men** - Sunday mornings. Bagel brunch at 9:30 AM followed by classes from 9:45 AM - 10:30 AM, in the Large Social Hall. Choose from classes:
 - On the Same Page with Rabbi Menachem Winter
 - Parsha Discourses with Rabbi Yitzhak Grossman
 - Unraveling the Navi with Rabbi Hillel Shaps
 - Sage Wisdom with Rabbi Moshe Sadwin
- **Rabbi Yonatan Zakem's** Shiur for men & women, Pearls of Prayer, exploring the depth and meaning of our daily prayers. Sundays at 8:00 PM in the Social Hall.
- **GWCK presents CLAS (Community Learning at Shomrai)** - 8:15 PM - 9:15 PM at YISE. For more information, please contact Rabbi Hillel Shaps, hshaps@gwckollel.org, 347-869-9361.
 - For Men:
 - Mondays: Rabbi Shaps - On The Same Page
 - Tuesdays: Rabbi Winter - Torah Topics
 - Wednesdays: Rabbi Grossman - Reading Responsa
 - Thursdays: Rabbi Sussman - Yesodei Hatorah
 - Tuesdays & Wednesdays: Shivti led by Rabbi Sussman. Rabbi Grossman will be presenting weekly lectures on the weekly topic.
 - For Women:
 - Mondays: Mrs. Sara Malka Winter - Tehillim: An in-depth analysis.
- **Rabbi Levy's** Amud Yomi Shiur, Sunday 6:25 AM-7:25 AM & Monday through Friday 6:25 AM - 7:10 AM in the room behind the Balcony.
- **The Golden Network Presents: Rabbi Barry Greengart's** Shiur on Daily Halachos for men & women, Tuesdays 9:15 AM - 10:00 AM.
- **Rabbi Yitzchak Scher's** Shiur for Men and Women: 613? Appreciating Every One of Them! Tuesdays, 1:30 PM - 2:15 PM, in the Small Beis Medrash.
- **Rabbi Moshe Arzouan's** Advanced Gemara Shiur for Men, learning Maseches Kesubos, Wednesdays at 7:30 PM in the Social Hall.

Dispelling the Myths of Autism

A Case Study in Diversity & Inclusiveness

Approximately 2 percent of the population is diagnosed with Autism Spectrum Disorder (ASD). The common signs include challenges in social skills, communication, and repetitive behaviors.

Key Takeaways:

- Recognize the signs and symptoms of ASD and how it is diagnosed
- Learn how schools seek to maximize quality of life and independence of students.
- Hear from a parent about the experience of raising a child with autism
- Hear from a successful professional who is open about his autism
- Glean some Jewish insights on all disabilities

Speakers:

Opening remarks by Rabbi Dovid Rosenbaum, Rabbi of Young Israel Shomrai Emunah and moderated by Lianne Heller, Sulam Director

David Black, a pediatric neuropsychologist & scientist, and an expert in ASD
Rachel Sushner, Sulam's Upper School Chair, a recognized inclusion education program

Eliane Wesley, mother of Jeremy, a young adult with autism
Steve Lieberman, a legislative aide to a U.S. Senator

Sunday, March 24 | 10:30 a.m. – 12:00 p.m.

Young Israel Shomrai Emunah, Small Social Hall
 1132 Arcola Avenue, Silver Spring, MD 20902

Organized by Bikur Cholim of Greater Washington, Sulam and Young Israel Shomrai Emunah. Co-sponsored by Kemp Mill Synagogue, Silver Spring Jewish Center, Kehilas Ohr Hatorah of Silver Spring, South East Hebrew Congregation and Chabad of Silver Spring.



Shomrai Preschool Parent Teacher Organization invites the community



Perspectives on Raising a Jewish Child

Pitfalls and Challenges of Everyday Living

Rabbi Dovid Rosenbaum

Sunday, March 24, 2019

8:00 pm

Young Israel Shomrai Emunah
 1132 Arcola Avenue, Silver Spring, Maryland

Small Social Hall

Appropriate for parents of nursery-aged children

THE JEWISH FEDERATION presents

The Sara & Samuel J. Lessans

Good Deeds Day

in partnership with Berman, Berman PTO/Vaad Horim, YISE, KMS, Chabad of Silver Spring, NCSY, and Ben Yehuda Pizza

SUNDAY, April 7, 2019

Join **Berman, Berman PTO/Vaad Horim, YISE, KMS, Chabad of Silver Spring, NCSY, and Ben Yehuda Pizza**. The Jewish Federation, and the Greater Washington community, along with more than two million volunteers from around the world, for this fun and meaningful day of service.

Do a mitzvah! Join in a park cleanup, any time between 11:00 AM & 1:00 PM! Volunteers needed to clean and hand out t-shirts, gloves, and bags.

Upper School students can receive community service hours. Great for all ages!

Good Deeds Day 2019 is produced in partnership with The Jewish Federation's Jconnect. This park cleanup is organized by YISE, KMS, Berman Hebrew Academy, Berman PTO/Vaad Horim, NCSY, Chabad of Silver Spring, and Ben Yehuda Pizza in conjunction with Montgomery Parks.

Bags, gloves, and t-shirts will be distributed. All participants will receive 10% vouchers to Ben Yehuda Pizza, to be used on April 7.



Where: Meet at Kemp Mill Park, near steps to CVS

Time: 11:00 a.m. – 1:00 p.m.

Register today!

Visit: shalomdc.org/parkcleanupgdd2019

Contact: **Miriam Friedman**
 917-282-9617
mfriedman2@yahoo.com



Good Deeds Day is made possible by Drs. Ellen & Stuart Lessans, in loving memory of Sara & Samuel J. Lessans.

YISE Youth Family Ice Skating

April 7th, 2019 from 3-4:30pm

Wheaton Ice Arena

11717 Orebaugh Ave

\$10 pp including skates



Save the Date: Sunday, May 12th, 2019

YISE Annual Banquet

Honoring: Susan and Abe Zwany

Young Leadership Award: Elise and Ken Saks

Youth Award: Dovv Brodtkin

HaKarat HaTov Award to Yvette Epstein

Special Tribute to: Officer Eli Dunham and Officer Justin Haire

YISE Programs and Listings

Global Good Deeds Day Park Cleanup - Sunday, April 7, 11:00 AM - 1:00 PM. Meet at the steps near CVS in the Kemp Mill Shopping Center. Bags, gloves and t-shirts will be distributed. Upper School students can receive community service hours. Great for all ages! Produced in partnership with The Jewish Federation's Jconnect. Park cleanup organized by YISE, KMS, Berman Hebrew Academy, Berman PTO, NCSY, Chabad of Silver Spring, and Ben Yehuda Pizza with Montgomery Parks. For more info, contact: Miriam Friedman at mfriedman2@yahoo.com All volunteers will receive 10% off at Ben Yehuda Pizza on April 7.

Helping Hands Across Kemp Mill is a part of YISE's Chesed Committee. The program is a service to help members undergoing serious medical crises. We are always looking for volunteers to help. By signing up, you are not committing to help with anything specific. To be a part of this program by helping with meals, visitation, shopping, childcare, etc., contact: Melanie Karlin, 301-681-4740, mskarlin@gmail.com or Miriam Friedman, 301-754-1517, mfriedman2@yahoo.com

Shiurim from Rabbi Gedaliah Anemer, ZT"L, are available at <http://audio.yise.org>

Community Learning in Memory of Rabbi Anemer

In commemoration of his ninth Yahrzeit, Rabbi Rosenbaum and the YISE Adult Education Committee invite the community to learn L'zecher Nishmas Rav Anemer, ZT"L. All are welcome to participate in the Shul's new seven week learning program that will culminate in the Seudah Shlishit in memory of Rav Anemer, ZT"L on Shabbos Acharei Mos, May 4.

Over seven weeks, we will learn a Perek (chapter) a week of Hilchos Talmud Torah of the Rambam's Mishnah Torah. In addition to independent learning, each Sunday the Shul will send out an article from Rabbi Rosenbaum or Rabbi Silver on a topic discussed in that week's Perek. Links to the weekly learning and articles are available at:

<https://wp.yise.org/rabbi-anemer-learning>

Please feel free to contact Bob Levi at blevi@yise.org with any questions.

YISE Youth Announcements

The Youth Minyan will meet this Shabbos at 9:15 AM sharp in the Small Beis Medrash, followed by a Kiddush sponsored by the Youth Minyan.

Please join us this week for groups:

2-5 year-olds 9:30 AM - end of 8:45 minyan in the youth room behind the Balcony.

1st-4th grade 10:00 AM - 11:15 AM at the Yeshiva. Walking group leaves at 10:00 AM. Girls meet in the main lobby. Boys meet outside the Social Hall. Please pick up child(ren) promptly.

Youth Family Ice Skating - April 7, 3:00 PM - 4:30 PM, Wheaton Ice Arena, 1171 Orebaugh Ave., \$10 per person including skates.

Community Programs and Listings

Rabbi Marvin Goldman's Shiur at University Towers - Shabbos, March 23, at 1121 University Blvd. West, Apt. 516, at 5:00 PM

Post High School Girls Shiur - Tuesday nights, 8:30 PM at the Pepper home, 1101 North Belgrade Road.

The Good Book is the annual Orthodox Jewish directory published by Dr. Bert and Rachele Miller in Greater Washington since 1995. They mail the 240-page book for free to all interested Orthodox-affiliated households. Interested households should email their new or updated listing information to goodbook3@gmail.com The Millers thank you in advance for your participation. Deadline: Tuesday, March 26. Listing may include name, address, home phone number, profession, email address and cell phone number.

Kemp Mill Toastmasters Spring Open House - Wednesday, March 27, 8:00 PM - 9:15 PM in the YISE Small Social Hall. See what Toastmasters is all about and find out how you can become a more confident communicator & leader. Light refreshments. Contact Debbie Katz at vppr@kempmilltoastmasters.com for more info.

Sulam Presents: Nourishing Your Child: Tips for helping your child develop a healthy relationship with food, avoiding power struggles, overcoming picky eating, and enjoying a healthy lifestyle supported by good eating habits. A workshop by Ms. Rachel Engelhart, Registered Dietitian and Licensed Professional Counselor. Wednesday March 27, 8:00 PM at the home of the Fine family, 707 Stonington Rd. RSVP to office@sulam.org or learn more at www.sulam.org/events

Join The Golden Network's Caregiver Support Group's first session on Sunday, March 31, 10:00 AM - 11:00 AM at Kemp Mill Synagogue. This group is geared towards Jewish women whose spouses are living at home or are in a medical facility and are affected by a chronic illness or a cognitive condition. For more information or if you plan to attend please contact: Mrs. Hedy Peysner, MSW, hpeysner@gmail.com Mrs. Esther Dziadek edziadek2@gmail.com or Rabbi Shmuel Leigh 301-732-1773 / director@goldennetwork.org

Lone Soldiers Program - Nefesh B'Nefesh and the FIDF invites parents of current and future lone soldiers to an evening of sharing, bonding, and information on Monday, April 1, at 7:30 PM in Rockville, MD. The program will be divided into 3 parts:

- Meet & Greet: a chance to meet parents of current and future chayaolim
- Presentation: Rights and Benefits of Lone Soldiers and What to Expect as a Lone Soldier Parent
- Discussion: Future Chayaolim, the process, new vocabulary, and tips for and from parents

For more information and to RSVP, please contact Leo Loeffler at lloeffler@nbn.org.il

Pre-Pesach Boutique - Sunday, April 7, 10:00 AM - 4:00 PM at KMS. Clothing, hats, makeup, cookware, bakeware, kitchen tools, serving accessories, jewelry and more! A percentage of all sales will benefit Bikur Cholim of Greater Washington. For more information, contact Rhonda Lehman at 301-351-1725 or rhonda.socialworker@verizon.net

Linda Kahan, A"H, Memorial Lecture and Breakfast - Join Sulam on Sunday, April 7 at 10:00 AM in the Berman Hebrew Academy Cafeteria. Lecture topic will be "Translating the Bible", presented by Adele Berlin, Professor Emerita of Biblical Studies at the Univ. of MD. \$36 couvert. Sponsorships available. RSVP: www.sulam.org/events or email office@sulam.org

The Q - Join Greater Washington NCSY Cheryl Stern Memorial Scholarship Fund on Sunday, April 7, 7:00 PM at B'nai Israel Congregation, 6301 Montrose Rd., Rockville, MD, to celebrate and support the teens of Greater Washington NCSY! "The Q" is an interactive multimedia, team based trivia game. Please RSVP today at atsncsy.org/theq or by calling 410-358-6279 or by emailing theqgw@ncsy.org

Kollel Dirshu Silver Spring is learning Maseches Nazir. Learn in the morning (5:45 AM - 6:30 AM) or in the evening (9:00 PM - 10:00 PM) at the Boys Yeshiva. For more info, please contact Rabbi Eli Reingold at 301-996-5910 or Ranon Cortell at 240-277-2730.

Daf Yomi Shiur meets in the Yeshiva Beis Medrash - Sunday at 6:30 AM, Monday through Thursday at 9:00 PM, and Shabbos 1-1/2 hours before the YISE late Mincha.

Learn Mishnah Brurah Hilchos Shabbos in 18 Months - Shiur for men with Rabbi Eli Reingold. Monday through Thursday, 8:00 - 8:45 PM at the Boys Yeshiva. Questions? Rabbi Reingold at 301-996-5910.

Daily Halacha Program from Rabbi Eliyahu Reingold - Receive one every day in your inbox. Visit dvarhalacha.com and click "Sign Up."

CAMP SHOMRAI
Young Israel Shomra Eretz
Summer 2019

Torah-Based • Safe • Nurturing

Camp Shomrai

Monday, June 24th - Thursday, August 8th

Daily Specials • Baking • Sports • Art • Music • Swim • Biking
Older Divisions have STEM and weekly trips!

Known for excellent staff, profound commitment to safety and a creative and joyous attitude towards learning and discovery!

Preschool **Older Boys** **Older Girls**
Grades 2N-K **Grades 1-6** **Grades 1-6**

Apply at: www.CampShomrai.CampApplications.com
For more information contact Sarah Dollman at Camp@YISE.org



Shomrai Preschool

2019-2020 Online Registration is now open!

- Open for children ages 2 to 5 years old (Pre-K)
- Customizable extended care options from 7:30 AM to 6:00 PM
- Bonus Erev Yom Tov, Chol HaMoed, and Winter Break mini camps
- Quality summer program at same location

Visit our website: preschool.yise.org

Call 301-593-7365 or email preschool@yise.org for more information or to schedule a tour.



"As a parent I am so pleased to send our child to Shomrai Preschool. The staff combines a special love for and understanding of the children with a warm embrace of Judaism." -Rabbi Dovid Rosenbaum

"Our son got exactly what he needed and now our daughter is getting Shomrai's personalized chinuch as well." -Jonathan Praff

"This is a warm, sweet, caring place where the kids are engaged in wonderful Torah and secular learning and activities all day, every day. Shomrai Preschool is a delight." -David and Aviva Zierler

"It is the greatest feeling dropping off your child with a smile on her face in the morning and picking her up with an even bigger smile after she had another great day at school." -Miriam Levson

Ask about our special, deeply reduced tuition for incoming two year olds!

Community Programs and Listings (continued)

Shmiras Halashon - Rabbi Levy's Shiur for men in Shmiras Halashon, weekday afternoons, 2:00 PM - 3:30 PM, 609 Hyde Rd.

Kemp Mill Village volunteers are now offering services to Village members, including rides for appointments, shopping, and visits to friends and family, help with household tasks, and prescription deliveries. Call the toll free number 1-833-KMV-20902 to request member services or to volunteer.

The Value of Modesty - Rabbi Levy's Shiur for women, based on text by Rav Shimshon Dovid Pincus ZT"L. Alternate Sundays, 7:00 PM, 609 Hyde Rd.

Silver Spring Gemachim - For a complete list: gemachexchange.com

The Week Ahead		Sunday March 24	Monday March 25	Tuesday March 26	Wednesday March 27	Thursday March 28	Friday March 29
Shacharis	Ashkenazi	6:30, 7:30, 8:45	6:15, 6:45, 7:35, 8:30	6:30, 6:55, 7:35, 8:30	6:30, 6:55, 7:35, 8:30	6:15, 6:45, 7:35, 8:30	6:30, 6:55, 7:35, 8:30
	Sephardi	7:30	7:15	7:15	7:15	7:15	7:15
Mincha / Maariv	Ashkenazi	7:10	7:10	7:10	7:10	7:10	See Shabbos schedule
	Sephardi	7:05	7:05	7:05	7:05	7:05	

Halachic Times: Earliest Talis and Tefillin: 6:14 AM, Latest Krias Shma: 10:04 AM, Earliest Mincha: 1:46 PM

Next Shabbos

March 29 - 30, 2019 - 23 Adar II 5779
Parshas Shemini/Parah/Mevorchim Hachodesh
Light Candles by 7:10 - Havdalah 8:10

Friday Night:

- Light Candles by 7:10
- Mincha:

Ashkenazi: 7:10 Sephardi: 7:00 Nusach Sefard: 7:00

Shabbos Day:

- Shacharis:
Ashkenazi: 7:00, 8:00, 8:45, 9:15 Youth: 9:15
Sephardi: 7:45 Nusach Sefard: 7:00
- Mincha:
Ashkenazi: 2:30, 5:00, 7:00 Sephardi: 6:50 Nusach Sefard: 7:05
- Maariv/Havdalah: 8:10

Upcoming Events

Sunday, March 24	Autism Program, 10:30 AM
Sunday, March 24	Raising a Jewish Child, 8:00 PM
Monday, April 1	The Man With The Truck, 6:30 PM - 9:30 PM
Sunday, April 7	Park Cleanup, 11:00 AM - 1:00 PM

Next Shabbos Shorts Deadline: Wednesday, March 27 at 12:00 Noon

Submit items for the Shabbos Shorts to: announce@yise.org

Office Phone: 301-593-4465 Office Fax: 301-593-2330

Eruv line: 301-593-5561 E-Mail: office@yise.org

Website: www.yise.org

Office Hours: Monday - Thursday 9:00 AM - 5:00 PM

Friday 9:00 AM - 2:00 PM

Rabbi Dovid Rosenbaum Sammy Franco - President
Rabbi Binyamin Silver - Asst. Rabbi Simi Franco - Office Manager