

# Young Israel Shomrai Emunah - Shabbos Shorts <sup>ת"ס</sup>

March 8 - 9, 2019 - 2 Adar II 5779 - Parshas Pekudei

Light Candles by 5:49 - Havdalah 6:49

## Shabbos Schedule

### Friday Night:

- Light Candles by 5:49
- Mincha:

Ashkenazi: 5:50

Sephardi: 5:45

Nusach Sefard: 5:50

### Shabbos Day:

- Shacharis:

Ashkenazi: 7:00, 8:00, 8:45, 9:15 Youth: 9:15

Sephardi: 7:45

Nusach Sefard: 7:00

- Mincha:

Ashkenazi: 2:30, 5:45

Sephardi: 5:30

Nusach Sefard: 5:45

- Shabbos Ends: 6:49

### Divrei Torah:

- 8:45 Main Minyan

Rabbi Avraham Shmidman

- 8:00, 9:15

Rabbi Silver

### Kiddush Sponsors:

- **Hashkamah/Nusach Sefard** - Rabbi Tuvia & Feigy Grauman on the occasion of the third Yahrtzeit of Tuvia's brother, Moshe Menachem ben Yisroel Yehuda, Z"l, and in honor of the Hashkamah Gemara Shiur's completion of the third Perek of Maseches Beitza.
- **Sephardi Minyan** - Rachel & Rafi Cattan in honor of the Bat Mitzvah of their daughter, Arielle.
- **8:45 Main Minyan** - in honor of the Scholars-in-Residence, Rabbi Avraham & Rebbetzin Dr. Adina Shmidman.

### Shabbos Shiurim:

- **Rabbi Tuvia Grauman** - Rabbi Hyatt's Gemara Shiur, after Hashkamah Minyan, lower lobby
- **Rabbi Moshe Arzouan** - Shiur after Sephardi Shacharit.
- **Mrs. Yocheved Arzouan** - Shiur 9:00 AM, Rabbi's Study.
- **Rabbi Levy** - Shiur at 5:00 PM, Large Beis Medrash.
- **Rabbi Avraham Shmidman** - Shiur after Mincha

## YISE Programs and Listings

**Scholars-in-Residence** - The YISE Community Adult Education Project welcomes Rabbi Avraham & Rebbetzin Dr. Adina Shmidman, March 8 - 9. See flyer for details and complete schedule.

**Generation to Generation** - Greater Washington Community Kollel presents a morning of learning and growth exploring the multifaceted relationship of parents and children. Sunday, March 10, 9:30 AM - 1:30 PM. See flyer for details.

**Breath Brake Seminar - Learn How to Live Longer & Better** - with Rabbi Elimelech Goldberg, has been cancelled and hopefully will be rescheduled for a later date.

**Ruach Minyan** - Join us on Friday, March 15, for a Pre-Purim Ruach Minyan in the Large Social Hall at 7:00 PM. While there is no children's story telling program during the minyan, all Daveners are welcome to join us. So bring the family and invite your friends. It's going to be Gevaldic! For more information, contact [adambashein@gmail.com](mailto:adambashein@gmail.com)

**Dispelling Myths Regarding Autism** - Sunday, March 24, 10:30 AM - 12 Noon, in the YISE Small Social Hall. See flyer for details.

**Shomrai Preschool Parent Teacher Organization** invites the community to a lecture given by Rabbi Rosenbaum on Sunday, March 24, 8:00 PM in the Small Social Hall, "Perspectives on Raising a Jewish Child: Pitfalls and Challenges of Everyday Living". Open to the entire community. See flyer for details. If you have questions, contact Moshe Kaplan at [moshekaplan@gmail.com](mailto:moshekaplan@gmail.com) See flyer for details.

Remember to change your clocks  
"Spring Forward" one hour on  
Motzei Shabbos.



The Shabbos Shorts is sponsored this week in honor of our special wife, Imma and Bubby, Lee Oppenheim, by her family.

## Mazal Tov

- **Sahra & Yale Ginsburg** on the birth of their first grandchild Jonah Aaron, born to Rachel & Avi Ginsburg. Mazal Tov as well to great-grandparents **Faith Ginsburg** and **Rochelle Dimont**, great-uncle **Raph Ginsburg**, and great-aunt and uncle **Masha & Seth Katz**.

## Weekday Shiurim

- **Rabbi Rosenbaum's** Mussar Study Group for Women (spiritual self-improvement), Sundays at 9:30 AM, in the Small Beis Medrash, *will resume on March 17*.
- **Rabbi Rosenbaum's** Gemara Shiur for Men, Tuesdays and Fridays, 6:00 AM - 6:45 AM, in the room behind the Balcony.
- **Rabbi Rosenbaum's** Halacha Chabura for Men, Tuesday evenings at 8:00 PM, in the Small Beis Medrash. For more details, please contact [HalachaChabura@yise.org](mailto:HalachaChabura@yise.org)
- **Rabbi Rosenbaum's** Nach Shiur, Wednesdays at 11:00 AM, in the Small Beis Medrash.
- **Rabbi Rosenbaum's** Chumash Shiur for Women, Wednesdays at 8:00 PM, in the room behind the balcony.
- **Rabbi Silver's** Parsha Shiur for men & women, a mix of Halacha and Aggada. Tuesdays at 7:30 PM. For more details, contact [rbsilver@yise.org](mailto:rbsilver@yise.org)
- **GWCK Sunday Kollel Brunch and Learn for Men** - Sunday mornings. Bagel brunch at 9:30 AM followed by classes from 9:45 AM - 10:30 AM, in the Large Social Hall, *will resume on March 17*.
- **Rabbi Yonatan Zakem's** Shiur for men & women, Pearls of Prayer, exploring the depth and meaning of our daily prayers. Sundays at 8:00 PM in the Social Hall.
- **GWCK presents CLAS (Community Learning at Shomrai)** - 8:15 PM - 9:15 PM at YISE. For more information, please contact Rabbi Hillel Shaps, [hshaps@gwckollel.org](mailto:hshaps@gwckollel.org), 347-869-9361.
- For Men:
  - Mondays: Rabbi Shaps - On The Same Page
  - Tuesdays: Rabbi Winter - Torah Topics
  - Wednesdays: Rabbi Grossman - Reading Responsa
  - Thursdays: Rabbi Sussman - Yesodei Hatorah
  - Tuesdays & Wednesdays: Shivti led by Rabbi Sussman. Rabbi Grossman will be presenting weekly lectures on the weekly topic.
- For Women:
  - Mondays: Mrs. Sara Malka Winter - Tehillim: An in-depth analysis.
- **Rabbi Levy's** Amud Yomi Shiur, Sunday 6:25 AM-7:25 AM & Monday through Friday 6:25 AM - 7:10 AM in the room behind the Balcony.
- **The Golden Network Presents: Rabbi Barry Greengart's** Shiur on Daily Halachos for men & women, Tuesdays 9:15 AM - 10:00 AM.
- **Rabbi Yitzchak Scher's** Shiur for Men and Women: 613? Appreciating Every One of Them! Tuesdays, 1:30 PM - 2:15 PM, in the Small Beis Medrash.
- **Rabbi Moshe Arzouan's** Advanced Gemara Shiur for Men, learning Maseches Kesubos, Wednesdays at 7:30 PM in the Social Hall.

Save the Date: Sunday, May 12<sup>th</sup>, 2019

## YISE Annual Banquet

Honoring: Susan and Abe Zwany

Young Leadership Award: Elise and Ken Saks

Youth Award: Dovy Brodtkin

HaKarat HaTov Award to Yvette Epstein

Special Tribute to: Officer Eli Dunham and Officer Justin Haire

YOUNG ISRAEL SHOMRAI EMUNAH



Community Adult Education Project Welcomes

**Rabbi Avraham Shmidman**  
Rav, Lower Merion Synagogue; Co-editor of Zichron HaRav, volume dedicated to the memory of Rabbi Joseph B. Soloveitchik  
**Rebbetzin Dr. Adina Shmidman**  
Director, OU Department of Women's Initiatives

**Shabbos Pekudei**  
**March 8-9**

1132 Arcola Avenue Silver Spring, MD

**Schedule**

**8:15 PM Community-wide presentation** – Rebbetzin Dr. Shmidman, "Parshas Zachor: Understanding Memory, Appreciating Time"

**After 8:45 AM Main Minyan** - Rabbi Shmidman, "The Status of Har HaBayis Today: A metaphysical, non-halachic assessment of the holiness of the Temple Mount in our time"

\*Kiddush Follows\*

**4:00 PM For Women Only** – Rebbetzin Dr. Shmidman, "The Interface of Tumah and Taharah In Our Reality" - Hosted by the Broder Family, 11801 Clintwood Place

**Between Mincha and Maariv** - Rabbi Shmidman, "Who is Humble? A Study of Biblical and Talmudic Texts that concludes humility is not meekness or timidity"

**REGISTER NOW!**  
at [www.gwckollel.org/Generations](http://www.gwckollel.org/Generations)  
(Participation for the entire program is not required)



Greater Washington Community Kollel presents

# Generation to Generation

*Kavod and Caring; Raising and Respecting*

A morning of learning and growth exploring the multifaceted relationship of parents and children. Hear a variety of stimulating classes from some of Greater Washington's best presenters and special guest speakers Rabbi Shmuel Silber and Mrs. Shifra Rabenstein on insights in halacha, hashkafa, and inspiration.

<b>9:30am</b>	OPENING REMARKS <i>Rabbi Menachem Winter</i>		
<b>9:45-10:30am</b>	Kibud Av V'Eim: Bridging the Millennia <i>Mrs. Sara Malka Winter</i> FOR WOMEN	Honor Thy Father and Thy Mother: Scope and Limitations <i>Rabbi Yitzhak Grossman</i> FOR MEN & WOMEN	Raising Healthy and Inspired Children – Chumch, Planting and Building <i>Rabbi Shmuel Silber</i> FOR MEN & WOMEN
<b>10:40-11:25am</b>	Parenting Teenagers: How to Stay Off the Emotional Roller Coaster <i>Mrs. Rachel Kosowsky</i> FOR WOMEN	Being the Peanut Butter: Navigating the Sandwich Generation <i>Rabbi Yosef Singer</i> FOR MEN & WOMEN	Raising Healthy and Inspired Children – Love, Acceptance and Broken Buckets <i>Rabbi Shmuel Silber</i> FOR MEN & WOMEN
<b>11:25-11:45am</b>	INTERMISSION - REFRESHMENTS		
<b>11:45am-12:30pm</b>	Making Our Own Grass Look a Little Greener <i>Mrs. Shifra Rabenstein</i> FOR WOMEN	Love and Limits: Emulating Hashem <i>Rabbi Brahm Weinberg</i> FOR MEN & WOMEN	Honor Thy Father and Mother – Managing Complicated Relationships <i>Rabbi Shmuel Silber</i> FOR MEN & WOMEN
<b>12:40-1:30pm</b>	Creating an Environment of Simcha <i>Mrs. Shifra Rabenstein</i> FOR WOMEN	Is This What I was Dreaming Of? – Grappling with Children Who Don't Follow their Parents' Path <i>Rabbi David Rosenbaum</i> FOR MEN & WOMEN	Honor Thy Father and Mother – Caring for Aging Parents with Respect and Dignity <i>Rabbi Shmuel Silber</i> FOR MEN & WOMEN

**Sunday, March 10** At YISE, 1132 Arcola Ave

Coffee and refreshments will be served • No cost.

For more information contact:  
The Greater Washington Community Kollel • 10900 Lockwood Dr, Silver Spring, MD 20901 • 301.593.4260 • [www.gwckollel.org](http://www.gwckollel.org)  
Rosh Kollel Rabbi Menachem Winter • 301.213.6504 • [info@gwckollel.org](mailto:info@gwckollel.org)

Join YISE Youth Committee for an  
**ADAR-rific** Youth Shabbos Program  
Shabbos, March 16<sup>th</sup>  
Parshas Vayikra • Parshas Zachor

Kindergarten through 4<sup>th</sup> Grade  
Boys and Girls Programs

10am – 11:15am  
Pick up/Drop off in Lower Lobby

"The Story You Never Heard" with Mr. Sandberg  
"Purim comes to Life" with Mrs. Sandberg

Special Kiddush with Rabbi Rosenbaum  
"What happened when Haman visited Mordechai's yeshiva?"  
Followed by main shul kiddush

2 year old through 4 year old  
9:30am– 11:15am  
Behind the women's Balcony

Questions: Contact Rabbi Ari at [alevi@yise.org](mailto:alevi@yise.org)  
YISE Shabbos Groups Coordinator



Join YISE & KMSI  
**Purim Carnival**  
5th annual  
Sunday, March 17, 2019  
at KMS, 11910 Kemp Mill Road  
10:00 am - 12:00 pm  
Purim Story: 10:30 am - Sing-along: 11:00 am

Games & Prizes  
Inflatables  
Face Painting  
Crafts & More!

Cost: \$5 per person; Family Max: \$25; Pizza: \$3 per slice



## YISE Programs and Listings

**Global Good Deeds Day Park Cleanup** - Sunday, April 7, 11:00 AM - 1:00 PM. Meet at the steps near CVS in the Kemp Mill Shopping Center. Bags, gloves and t-shirts will be distributed. Upper School students can receive community service hours. Great for all ages! Produced in partnership with The Jewish Federation's Jconnect. Park cleanup organized by YISE, KMS, Berman Hebrew Academy, Berman PTO, NCSY, Chabad of Silver Spring, and Ben Yehuda Pizza with Montgomery Parks. For more info, contact: Miriam Friedman at [mfriedman2@yahoo.com](mailto:mfriedman2@yahoo.com). All volunteers will receive 10% off at Ben Yehuda Pizza on April 7. **Shiurim from Rabbi Gedaliah Anemer, ZT"l**, are available at <http://audio.yise.org>

## YISE Youth Announcements

The Youth Minyan will meet this Shabbos at 9:15 AM sharp in the Small Beis Medrash, followed by a Kiddush sponsored by the Youth Minyan.

**Please join us this week for groups:**

2-5 year-olds 9:30 AM - end of 8:45 minyan in the youth room behind the Balcony.

1st-4th grade 10:00 AM - 11:15 AM at the Yeshiva. Walking group leaves at 10:00 AM. Girls meet in the main lobby. Boys meet outside the Social Hall. Please pick up child(ren) promptly.

**Purim Carnival** - Sunday, March 17, 10:00 AM - 12 Noon at KMS. See flyer for details.

## Purim Particulars – YISE and Beyond

**Purim Seudah** - Thursday, March 21, 5:00 PM in the Social Hall. See flyer for details. RSVP online at [www.yise.org/purim](http://www.yise.org/purim)

**AMIT is selling beautiful Purim Cards** - To purchase cards, contact Esther Edson at 301-593-4465 x402 or 301-593-1468. \$3 each 10 for \$25.

**Sulam Purim Cards** - Let us do all the work - we will send out the cards for you! All funds raised help Sulam fulfill our vision to ensure that a high-quality education is available to children in the Greater Washington area irrespective of their learning differences. \$4 per card. Order at [www.sulam.org/purim](http://www.sulam.org/purim)

**18th Annual Purim Yahrzeit shiur** in memory of Jane Axelrod (Raizel bas Simcha) on Purim, Thursday, March 21, at 10:30 AM in the Penthouse Level Party Room at 1111 University Blvd W. (University Towers.) The shiur ends by 11:00.

**Rose & Bernard Singer Megilla Reading Program** - Do you or someone you know need Megilla read because you cannot get to Shul, are ill, or other reason? Volunteers are also needed to Lein the Megilla. Don't wait until the last minute. Please contact [saoul.singer@verizon.net](mailto:saoul.singer@verizon.net) or 301-593-1193.

**Matanos L'Evyonim Options:**

- **Rabbi Rosenbaum** will be collecting for distribution on Purim, primarily to local individuals in need. Drop off checks at the office made out to "YISE Charity Fund" and specifically marked "Matanos L'Evyonim" or give them to Rabbi Rosenbaum directly.
- **Yad Yehuda of Greater Washington** - which assists individuals and families year-round in our region, will be distributing on Purim day. To donate, please click on the Matanot LaEvyonim banner at <http://yadyehuda.com>
- **The Franco Foundation** - Helping our Community from within our Community. Donations will be distributed on Purim. Please help with your generous tax-deductible donation to the Franco Foundation, c/o Allan Franco, 613 Bromley Street, or through PayPal at [thefrancofoundation@gmail.com](mailto:thefrancofoundation@gmail.com)

**YGW Boys Mishloach Manos** - Buy your Mishloach Manos this year from the YGW Boys Class of 2020! Proceeds benefit the senior class trip to Israel in January, 2020. Packages are a quick & easy way to show appreciation to friends, family, and teachers. Each box will include a bottle of grape juice, Hamentaschen, a snack, and candy. Deliveries will be made locally to recipients in Silver Spring, Potomac, Rockville & Olney. Order by email to [ygwclassof2020@gmail.com](mailto:ygwclassof2020@gmail.com) 1 for \$10, 5 for \$40, 10 for \$75, 25 for \$170. Deadline Friday, March 15.

## Community Programs and Listings

**Rabbi Marvin Goldman's Shiur at University Towers** - Shabbos, March 9, at 1121 University Blvd. West, Apt. 516, at 4:00 PM

**Tzurba M'Rabanan** learning group meets this Shabbos, March 9, at the home of Moshe & Rose Litwack, 11302 Monticello Ave. NEW Men's learning group meets at 3:00 PM on the topic of shaving in Halacha. Women's group meets at 4:30 PM on Halachot of Mishloach Manot and other selected Purim topics. In honor of Rosh Chodesh Adar, join us for a family Seudah Shlishit at 5:30 PM following the women's learning group.

**Kemp Mill Toastmasters** - Wednesday, March 13, 8:00 PM - 9:15 PM in the YISE Small Social Hall. Special guest speaker, voice coach Elana Polin. Contact Debbie Katz at [vppr@kempmilltoastmasters.com](mailto:vppr@kempmilltoastmasters.com) for more info.

**Sulam Presents: Nourishing Your Child:** Tips for helping your child develop a healthy relationship with food, avoiding power struggles, overcoming picky eating, and enjoying a healthy lifestyle supported by good eating habits. A workshop by Ms. Rachel Engelhart, Registered Dietitian and Licensed Professional Counselor. Wednesday March 27, 8:00 PM at the home of the Fine family, 707 Stonington Rd. RSVP to [office@sulam.org](mailto:office@sulam.org) or learn more at [www.sulam.org/events](http://www.sulam.org/events)

**Linda Kahan, A"H, Memorial Lecture and Breakfast** - Join Sulam on Sunday, April 7 at 10:00 AM in the Berman Hebrew Academy Cafeteria. Lecture topic will be Translating the Bible, presented by Adele Berlin, Professor Emerita of Biblical Studies at the Univ. of MD. \$36 couvert. Sponsorships available. RSVP: [www.sulam.org/events](http://www.sulam.org/events) or email [office@sulam.org](mailto:office@sulam.org)

**The Q** - Join Greater Washington NCSY Cheryl Stern Memorial Scholarship Fund on Sunday, April 7, 7:00 PM at B'nai Israel Congregation, 6301 Montrose Rd., Rockville, MD, to celebrate and support the teens of Greater Washington NCSY! "The Q" is an interactive multimedia, team based trivia game. Please RSVP today at [atsncsy.org/theq](http://atsncsy.org/theq) or by calling 410-358-6279 or by emailing [theqgw@ncsy.org](mailto:theqgw@ncsy.org)

**Kollel Dirshu Silver Spring** is learning Maseches Nazir. Learn in the morning (5:45 AM - 6:30 AM) or in the evening (9:00 PM - 10:00 PM) at the Boys Yeshiva. For more info, please contact Rabbi Eli Reingold at 301-996-5910 or Ranon Cortell at 240-277-2730.

**Daf Yomi** meets in the Yeshiva Beis Medrash - Sunday at 6:30 AM, Monday through Thursday at 9:00 PM, and Shabbos at 10:30 AM.

**Learn Mishnah Brurah Hilchos Shabbos in 18 Months** - Shiur for men with Rabbi Eli Reingold. Monday through Thursday, 8:00 - 8:45 PM at the Boys Yeshiva. Questions? Rabbi Reingold at 301-996-5910.

**Daily Halacha Program from Rabbi Eliyahu Reingold** - Receive one every day in your inbox. Visit [dvarhalacha.com](http://dvarhalacha.com) and click "Sign Up."

## Dispelling the Myths of Autism A Case Study in Diversity & Inclusiveness

Approximately 2 percent of the population is diagnosed with Autism Spectrum Disorder (ASD). The common signs include challenges in social skills, communication, and repetitive behaviors.

### Key Takeaways:

- Recognize the signs and symptoms of ASD and how it is diagnosed
- Learn how schools seek to maximize quality of life and independence of students.
- Hear from a parent about the experience of raising a child with autism
- Hear from a successful professional who is open about his autism
- Learn some Jewish insights on all disabilities

### Speakers:

Opening remarks by Rabbi Dovid Rosenbaum, Rabbi of Young Israel Shomrai Emunah and moderated by Lianne Heller, Sulam Director

**David Black**, a pediatric neuropsychologist & scientist, and an expert in ASD

**Rachel Sushner**, Sulam's Upper School Chair, a recognized inclusion education program

**Eliane Wesley**, mother of Jeremy, a young adult with autism

**Steve Lieberman**, a legislative aide to a U.S. Senator

**Sunday, March 24 | 10:30 a.m. – 12:00 p.m.**

**Young Israel Shomrai Emunah, Small Social Hall**

**1132 Arcola Avenue, Silver Spring, MD 20902**

Organized by Bikur Cholim of Greater Washington, Sulam and Young Israel Shomrai Emunah. Co-sponsored by Kemp Mill Synagogue, Silver Spring Jewish Center, Kehilas Ohr Hatorah of Silver Spring, South East Hebrew Congregation and Chabad of Silver Spring.

Sign language interpreter available on request. Please notify Lianne Heller at [hellerl@sulam.org](mailto:hellerl@sulam.org) by January 10, 2018, if interested.





YISE YOUNG PROFESSIONALS PRESENT...

## PURIM SEUDA 2019

special childrens program

delicious food & drink

lots of fun!!

March 21, 2019 - 5 PM - Shomrai Social Hall  
 Entrance fee: \$25 adult/\$10 child (3 - 11)/\$75 Family Max.  
 Sponsorship Levels: \$100 Silver, \$250 Gold, \$500 Platinum

RSVP by March 12 online: [www.yise.org/purim](http://www.yise.org/purim)

Questions? Contact Michal Merkin [mmerky1@gmail.com](mailto:mmerky1@gmail.com)

Yad Yehuda's Capital Kosher Pantry Presents the  
**3rd Annual Edible Grogger Initiative**

**Step 1** Bring noise-making food, such as nuts, rice, cereal, chow mein noodles, etc. in its factory-sealed, store-bought container to the Megillah readings at your Shul. Upon hearing Haman's name, shake your Edible Grogger!

**Step 2** After Megillah reading, please place your Grogger in the Capital Kosher Pantry collection box in your Shul lobby. Your food donation will be distributed to those in our community who will benefit from your generosity.

**OR** Visit [yadyehuda.org/pantry](http://yadyehuda.org/pantry) to ship foods to Yad Yehuda at 1910 University Boulevard West, Silver Spring, MD 20902. OR Bring your food donations to Shalom Kosher, Moti's Market or directly to Yad Yehuda.

All Edible Groggers must be shelf-stable, within the use by date, and in unbreakable containers.  
 Questions? Email Adam Bashein: [abashein@yadyehuda.org](mailto:abashein@yadyehuda.org)

## Community Programs and Listings (continued)

**Shmiras Halashon** - Rabbi Levy's Shiur for men in Shmiras Halashon, weekday afternoons, 2:00 PM - 3:30 PM, 609 Hyde Rd.

**Kemp Mill Village** volunteers are now offering services to Village members, including rides for appointments, shopping, and visits to friends and family, help with household tasks, and prescription deliveries. Call the toll free number 1-833-KMV-20902 to request member services or to volunteer.

**The Value of Modesty** - Rabbi Levy's Shiur for women, based on text by Rav Shimshon Dovid Pincus ZT"L. Alternate Sundays, 7:00 PM, 609 Hyde Rd.

**Silver Spring Gemachim** - For a complete list: [gemachexchange.com](http://gemachexchange.com)

The Week Ahead		Sunday March 10	Monday March 11	Tuesday March 12	Wednesday March 13	Thursday March 14	Friday March 15
Shacharis	Ashkenazi	6:30, 7:30, 8:45	6:15, 6:45, 7:35, 8:30	6:30, 6:55, 7:35, 8:30	6:30, 6:55, 7:35, 8:30	6:15, 6:45, 7:35, 8:30	6:30, 6:55, 7:35, 8:30
	Sephardi	7:30	7:15	7:15	7:15	7:15	7:15
Mincha / Maariv	Ashkenazi	6:55	6:55	6:55	6:55	6:55	See Shabbos schedule
	Sephardi	6:50	6:50	6:50	6:50	6:50	

**Halachic Times:** Earliest Talis and Tefillin: 6:36 AM, Latest Krias Shma: 10:17 AM, Earliest Mincha: 1:49 PM

### Next Shabbos

March 15 - 16, 2019 - 9 Adar II 5779

Parshas Vayikra/Zachor

Light Candles by 6:56 - Havdalah 7:56

#### Friday Night:

• Light Candles by 6:56

• Mincha:

Ashkenazi: 7:00

Sephardi: 6:55 Nusach Sefard: 7:00

#### Shabbos Day:

• Shacharis:

Ashkenazi: 7:00, 8:00, 8:45, 9:15

Youth: 9:15

Sephardi: 7:45

Nusach Sefard: 7:00

• Mincha:

Ashkenazi: 2:30, 5:00, 6:50

Sephardi: 5:30

Nusach Sefard: 6:55

• Maariv/Havdalah: 7:56

### Upcoming Events

Shabbos, March 8 & 9

Scholar-In-Residence - Rabbi Avraham & Rebbetzin Dr. Adina Shmidman

Sunday, March 10

Generation to Generation, 9:30 AM

~~Wednesday, March 13~~

~~Breath Brake Seminar, 8:30 PM CANCELLED~~

Friday, March 15

Ruach Minyan, 7:00 PM, Social Hall

Sunday, March 17

Purim Carnival, 10:00 AM at KMS

Next Shabbos Shorts Deadline: Wednesday, March 13 at 12:00 Noon

Submit items for the Shabbos Shorts to: [announce@yise.org](mailto:announce@yise.org)

Office Phone: 301-593-4465 Office Fax: 301-593-2330

Eruv line: 301-593-5561 E-Mail: [office@yise.org](mailto:office@yise.org)

Website: [www.yise.org](http://www.yise.org)

Office Hours: Monday/Tuesday/Thursday 9:00 AM - 5:00 PM

Tuesday/Friday 9:00 AM - 2:00 PM

Rabbi Dovid Rosenbaum

Sammy Franco - President

Rabbi Binyamin Silver - Asst. Rabbi

Simi Franco - Office Manager