

# Young Israel Shomrai Emunah - Shabbos Shorts ד"ר

May 1-2, 2015 - 13 Iyar 5775 - Parshas Acharei Mos - Kedoshim

Light Candles by 7:42 (and not before 6:35) - Havdalah 8:46

The Shabbos Shorts is sponsored this week by  
Joey Franco – Mortgage Banker - 301-529-5387.

## Shabbos Schedule

### Friday Night:

- Light Candles by 7:42, and not before 6:35
- Mincha:

Arcola: 6:20, 6:45, 7:45	University: 7:15
Sephardi: 7:00	Nusach Sefard: 7:00

### Shabbos Day:

- Shacharis:

Arcola: 7:00, 8:45, 9:00	University: 8:30
Sephardi: 7:45	Nusach Sefard: 7:00
- Mincha:

Arcola: 2:30, 5:00, 7:40	University: 7:40
Sephardi: 7:25	Nusach Sefard: 7:40
- Maariv/Havdalah: 8:46

### Divrei Torah:

- 8:45 Main Minyan Rabbi Rosenbaum
- Family Minyan Rabbi Silver

### Kiddush Sponsors:

- Hashkamah/Nusach Sefard - "The Group"
- 8:45 Main Minyan - "The Haimish Kiddush Group"

### Shabbos Shiurim:

- Mrs. Yocheved Arzouan - Shiur at 9:00 AM.
- Rabbi David Hyatt - Shiur after Hashkamah Minyan.
- Rabbi Moshe Arzouan - Shiur after Sephardi Shacharit.
- Rabbi William Millen - Shiur at 6:25 PM.
- Rabbi Yehoshua Levy - Shiur at 6:55 PM.
- Rabbi Amram Hes - Shiur at 7:10 PM.
- Rabbi Rosenbaum - Pirkei Avos Shiur after Mincha at Arcola.
- Rabbi Barry Greengart - Shiur after Mincha at University.

## Weekday Shiurim

- Rabbi Rosenbaum's Mussar Study Group for Women (spiritual self-improvement), Sundays at 9:30 AM in the room behind the Balcony.
- Rabbi Rosenbaum's Gemara Shiur for Men, Tuesdays and Fridays, 6:00 AM - 6:45 AM, in the small Beis Medrash.
- Rabbi Rosenbaum's Halacha Chabura for Men, Tuesday evenings. For more details, please contact HalachaChabura@yise.org
- Rabbi Rosenbaum's Nach Shiur, Wednesdays at 11:00 AM, in the small Beis Medrash - *now learning Megillas Rus.*
- Rabbi Rosenbaum's Chumash Shiur for Women, Wednesdays at 8:00 PM, in the small Beis Medrash.
- Rabbi Silver's Parsha Shiur for Men and Women. A mix of Halacha and Aggadah. Tuesday evening at 8:30 PM at the home of Marion & Harry Felsen. Refreshments provided by the hosts.
- GWCK Sunday Kollel Brunch and Learn for Men - Sunday mornings. Bagel brunch at 9:30 AM followed by classes from 10:00 AM - 10:45 AM - *program will not meet due to Rabbi Yitzhak Grossman's lecture.*
- Rabbi Levy's Amud Yomi Shiur, Sunday 6:25 AM- 7:25 AM and Monday through Friday 6:25 AM - 7:10 AM in the Beis Medrash.
- The Golden Network's Torah Hour with breakfast and learning, Tuesday mornings following the 8:30 Shacharis, in the Arcola Social Hall. Open to men and women. For more information 301-338-4810 or info@goldennetwork.org
- Bais Medrash Zichron Gedaliah - Tuesdays at 8:00 PM in the Social Hall; Maariv to follow. Choose from classes:
  - Gemara Kop with R' Nachum Schwartz
  - Becoming an Inspired Eved Hashem - Alei Shur (R' Shlomo Wolbe) with Rabbi Yitzchak Scher
  - Iyunim L'Halacha with R' Moshe Haim Blate
- Rabbi Moshe Arzouan's Advanced Gemara Shiur for Men, Wednesdays at 7:00 PM at University - *the second Pereh of Kiddushin.*
- GWCK Yesodei Hatorah, a skills-building program designed to foster Gemara proficiency, Thursdays at 8:30 PM in the small Social Hall.

## Mazal Tov

- Dr. Paul Goodnick on the engagement of his daughter Chana Rochel to Ezra Morgenstern, son of Bali & Rabbi Yisroel Morgenstern of Yerushalayim and Mazal Tov to Mrs. Miriam (Rabinowitz) Goodnick.

## Condolences

- Robert Levi on the passing of his mother, Lorraine Levi. The funeral took place on Monday in New York. Shiva will be observed through Sunday morning at 520 Lamberton Drive. Shacharis on Sunday will be at 8:00.

## YISE Programs and Listings

**Family Minyan** - The next YISE Family Minyan will take place this Shabbos, May 2, at 9:00 AM in the Large Social Hall. The family Minyan is focused on engaging children and making Shul a meaningful experience for both adults and children. Lots of singing with familiar tunes. D'var Torah geared towards elementary school age children. There will NOT be an 8:00 Minyan this Shabbos.

**Civil Procedure in the Modern Beis Din System** - GWCK, in conjunction with YISE, invites men and women of the community to a Jewish Ethics lecture by Rabbi Yitzhak Grossman. Sunday, May 3, at 9:30 AM, at YISE.

**Tech-training Cafe for older adults provided by community teens!** Learn about your iPhone/iPad, e-mail, Facebook, taking and sending photos, how to video chat or store music ... or whatever YOU are interested in! YISE, Sunday, May 3 from 1:00 PM - 3:00 PM. Adults: Bring your device ... and we'll give you the advice! Teens: Pizza and training starts at 12:15 pm. Earn Community Service hours by sharing what you know! Cosponsored by YISE, Beth Shalom Congregation and Talmud Torah, KMS, and BHA. To RSVP or to volunteer, go to: [www.yise.org/techcafe](http://www.yise.org/techcafe) contact Miriam Friedman at 301-754-1517 or at [mfriedman2@yahoo.com](mailto:mfriedman2@yahoo.com)

**Bikur Cholim of Greater Washington and the YISE Chesed Committee** - Rabbi Koss will be speaking on a topic in Jewish History on Monday, Monday, May 4 from 2:00 PM - 3:00 PM at 1111 University Blvd. W., apt. 215. Light refreshments will be served. For information, please contact Miriam Friedman at 301-754-1517 or [mfriedman2@yahoo.com](mailto:mfriedman2@yahoo.com)

**"This is Man" R'Shimon Bar Yochai's Unique Stature** - Shiur on Lag B'Omer by Rav Ahron Lopiansky. Monday, May 4, 8:05 PM - 9:00 PM in the Small Social Hall. Maariv following Shiur.

**Lag B'Omer/Mother's Day Carnival** - Sunday, May 10, 11:00 AM - 1:00 PM. Pizza, moonbounce, crafts, facepainting, raffle, and more. At YISE Shomrai Nursery. \$5 per child under 12, \$15 family max.

**Parent Survival Kit: Managing the Emotions of Parenting** - Monday, May 11, 8:00 PM, YISE Social Hall. Featuring Sulam Psychologist Rachel Ravin, PhD. Please join us for this highly practical parent education evening.

**Nourish Your Body and Your Soul** - Whether you prefer a quickie Minyan, or spend 30 minutes on your Amidah, your Kavanah can probably use a boost. Come get inspired at the Tefilah Lunch and Workshop on Sunday, May 17 at YISE from 12:00 noon to 5:00 PM. \$5/person. Send check to Simi at the YISE office. Questions? [stuartrosenthal@yise.org](mailto:stuartrosenthal@yise.org)

**Spend Shavuos at Shomrai** - Friday Night Oneg, Community Dinner on Motzei Shabbos, Learning Program and A Sundae on Monday. To sponsor contact Simi Franco at [simi@yise.org](mailto:simi@yise.org) For more information or to volunteer, contact Esti Strauss at [estrauss@yise.org](mailto:estrauss@yise.org)

**Win a Free Summer at Camp Shomrai!** Exciting online raffle with lots of prizes including packages from: Mizrahi Handyman, Yaffa Koff Photography, Wig Out, Steve Resnick Studios, JCC GW, Baby Bandini, Pump It Up, Kids First Swim School and more. Visit [www.yise.org/raffle](http://www.yise.org/raffle)

**Shiurim from Rabbi Gedaliah Anemer, ZT"l**, are available at <http://audio.yise.org/s-111-rabbi-gedaliah-anemer.html> New Shiurim have been recently added for this week's Parsha.

**The YISE Social Committee** is looking for volunteers for several upcoming events. For more information please contact Esti Strauss at [ESTrauss@yise.org](mailto:ESTrauss@yise.org)

## Community Programs and Listings

**Daf Yomi** meets in the Yeshiva Beis Medrash - Sunday at 6:30 AM, Monday through Thursday at 9:00 PM, and Shabbos 1-1/2 hours before regular Mincha.

**Women's Discussion Group** - Shabbos afternoons, 5:30 PM at the home of Mrs. Klavan, 1006 Lamberton Drive.

**Tehillim** - Wednesday mornings. Contact Arleeta Lerner for details 301-649-0552.

**Kemp Mill Pirchei** - For boys, first through sixth grade in the Yeshiva classrooms, Shabbos afternoons, 4:00 PM - 4:55 PM. If you're interested in sponsoring, please contact, kmpirchei@gmail.com

**Finding Your Gutbliss: A Morning Devoted to Achieving Health and Wellness** - Bikur Cholim of Greater Washington presents a Women's Wellness Event at KMS. Sunday, May 3 from 9:30 AM - 12:00 noon. Featuring nationally renowned speaker, Robynne Chutkan, MD. Dr. Chutkan's talk will be followed by breakout sessions by local health and fitness clinicians. \$20 admission fee includes a copy of Dr. Chutkan's book. Register online at [www.bikurcholimgw.org](http://www.bikurcholimgw.org)

**Job Katif: Ten Years Later** - Sunday, May 3, 8:00 PM at the home of Naomi & Ori Carmel, 1212 N. Belgrade Rd. Executive Director Judy Lowy will discuss the Gush Katif evacuees' situation today and how they've learned to help other sectors in Israel. Their newest initiative: A Nurses Training Program for Ethiopian Women. Questions: Contact Naomi: naomicarmel@gmail.com or Judy: judy@jobkatif.org

**Toastmasters' Meeting** - Wednesday, May 6, 8:00 PM - 9:00 PM in the YISE small Social Hall. See what Toastmasters is all about and find out how you can become a more confident communicator and leader. Contact Scott Schlesinger at [scott@schlesingers.com](mailto:scott@schlesingers.com) for more information.

**YGW's Annual Dor Yeshorim Program** will come on Thursday, May 7 to the Yeshiva to conduct tests screening for genetic diseases. This year it is open to the community as well as to our students. For information about this program including times and fees, please contact Mrs. Sima Jacoby at [sjacoby@yeshiva.edu](mailto:sjacoby@yeshiva.edu)

**Be a HERO!** It's Zichron Menachem Hair4Wigs time of year again. If you have 12 inches of hair to donate, you can help make a wig for a child in Israel who has cancer. Please sign up for a free appointment at one of our top notch salons: Thursday, May 7, Lag B'Omer, In Salon and Day Spa, Aspen Hill or Thursday, May 28, after Shavuot, Progressions Salon and Spa, Rockville. To make your appointment, please contact Nancy at [pto@mjbha.org](mailto:pto@mjbha.org) Thank you to all of our return donors and to all of our new donors.

## YISE Youth Announcements

The Youth Minyan will meet this Shabbos at 9:15 AM sharp, followed by a Kiddush sponsored by the Youth Minyan.

Please join us this week for groups: 2-5 year-olds meet in the youth room behind the balcony; Girls 1st-4th grade gather in the main lobby and Boys 1st-4th grade gather outside the Social Hall and walk to the Yeshiva. Groups run 10:00 AM - 11:15 AM. Please pick up child(ren) promptly.

## Post Pesach Pointers - YISE and Beyond

**Chometz may be purchased from the following stores immediately after Pesach 2015:**

- All Capitol K establishments and caterers.
- National stores: B.J.'s, Costco, CVS, Food Lion, Kmart, Mars, Petco, PetSmart, Royal Farms, Rite Aid, Sam's Club, Save-A-Lot, Shoppers Food and Pharmacy, Trader Joe's, Walmart, Wegmans, Walgreens, Winn-Dixie
- Stores in our community: Aldi's, Brookville Market, H Mart, Harris Teeter, MOM's Organic Market, Potomac Wines and Spirits, ShopRite of White Oak, Whole Foods Market

Chometz **MAY NOT** be purchased from **Snider's** until Sunday, May 10.

Due to possible Chometz distributed by a Jewish company, if one has an option of purchasing Chometz from other stores, it is commendable not to purchase Chometz from **Giant, Safeway, and Target** until Sunday, May 10.

## Community Programs and Listings (cont.)

**Sulam's 15th Annual Gala Dinner & Silent Auction** - Tuesday, June 2. Honoring Shapiro, Lifschitz & Schram with its Founder's Award. Cocktails & Auction begin at 6:15 followed by dinner. At the Bethesda North Marriott Hotel & Conference Center. Ad deadline May 18. Reservations, sponsorships and ads may be placed online at [www.sulam.adjournal.com](http://www.sulam.adjournal.com) or by contacting the Sulam office at [sulamoffice@mjbha.org](mailto:sulamoffice@mjbha.org) 301-962-9400 x.5523.

### Workplace Skills Workshops:

- **Tips and Tricks for Federal Job Applications** - Tuesday, May 5, 7:00 PM to 7:30 PM. <http://www.resume-place.com/services/free-webinars-7-tips-to-a-federal-job/>
- **LinkedIn Topics** - Monday, May 11, 7:30 PM to 9:00 PM, KMS. Featuring Ken Horowitz. To reserve a seat or for a copy of Ken's August 2014 introduction to LinkedIn, please contact [DMarwick@JobAssist.org](mailto:DMarwick@JobAssist.org)

The Week Ahead		Sunday, May 3	Monday, May 4	Tuesday, May 5	Wednesday, May 6	Thursday, May 7 Lag B'Omer	Friday, May 8
Shacharis	Arcola	6:30, 7:30, 8:45	6:15, 6:45, 7:35, 8:30	6:30, 6:55, 7:35, 8:30	6:30, 6:55, 7:35, 8:30	6:15, 6:45, 7:35, 8:30	6:30, 6:55, 7:35, 8:30
	University	N/A	N/A	N/A	N/A	N/A	N/A
	Sephardi	7:30	6:15, 7:10	6:20, 7:15	6:20, 7:15	6:15, 7:10	6:20, 7:15
Mincha / Maariv	Arcola	7:50	7:50	7:50	7:50	7:50	See Shabbos schedule
	University	N/A	N/A	N/A	N/A	N/A	

**Halachic Times:** Earliest Talis & Tefillin: 5:10 AM, Latest Krias Shma: 9:33 AM, Earliest Mincha: 1:41 PM

## Next Shabbos

May 8-9, 2015 - 20 Iyar 5775

Parshas Emor

Light Candles by 7:49 - Havdalah 8:53

### Friday Night:

- Light Candles by 7:49, and not before 6:40
- Mincha:

Arcola: 6:25, 6:50, 7:50  
Sephardi: 7:00

University: 7:15  
Nusach Sefard: 7:00

### Shabbos Day:

- Shacharis:

Arcola: 7:00, 8:00, 8:45  
Sephardi: 7:45

University: 8:30  
Nusach Sefard: 7:00

- Mincha:

Arcola: 2:30, 5:00, 7:45  
Sephardi: 7:30

University: 7:45  
Nusach Sefard: 7:45

- Maariv/Havdalah: 8:53

## Upcoming Events

Sunday, May 3  
Wednesday, May 6

Tech-training Cafe  
Senior Lunch, Arcola Social Hall  
Speaker: Amit Levinson, Shaliach JCCGW  
"The Declaration of Independence"

Shabbos, May 9

YISE Mother's Day Shalosh Seudos, 5:00 PM  
Sponsored by the YISE Sisterhood,  
Speaker Arleeta Lerner

Monday, May 11

Parent Survival Kit: Managing the  
Emotions of Parenting

Sunday, May 17

How to Pray with Kavanah and Serve  
Hashem with Simcha

Next Shabbos Shorts Deadline: Wednesday, May 6 at 12 Noon.

Submit items for the Shabbos Shorts to: [announce@yise.org](mailto:announce@yise.org)

Office Phone: 301-593-4465

Office Fax: 301-593-2330

Eruv line: 301-593-5561 E-Mail: [office@yise.org](mailto:office@yise.org)

Website: [www.yise.org](http://www.yise.org)

Office Hours:

Monday through Thursday 9:00 AM-5:00 PM, Friday 9:00 AM-2:00 PM